

SONOMA COUNTY  
**NOW** 



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Greetings to all,

As we wrap up 2024 and face a new, yet unsettling year ahead, let us keep faith that we have the power to make life better for all of us by both small and great actions. When looking for an image to add to the newsletter, I came across the one above. It's from January 21, 2017 in St. Paul, MN, and the description reads:

"Over 30,000 people gathered in St. Paul and marched to the Minnesota capitol to protest Republican President Donald Trump. This protest was in solidarity with the national Women's March on Washington DC. The protesters spoke out against Trump's proposed policies and decried the rhetoric of the 2016 election for being insulting and threatening to women." \*

We find ourselves in the exact same place we were nearly 8 years ago and it's worse in some ways because those who seek to divide us have become even more powerful and no longer hide their contempt for anyone differing from them.

In today's edition, Elaine B. Holtz has written to describe her upcoming interviews on her radio program *Women's Spaces* and in it, she reminds us that "each day is a gift to

be appreciated." Let us each remember that what we do today affects how the world proceeds. As NOW members and friends, we can certainly actively encourage our lawmakers to make good decisions, by keeping up with the news, writing letters to those who represent us, calling, and organizing marches, rallies, or vigils. Let us make our voices heard! We cannot lose our rights!

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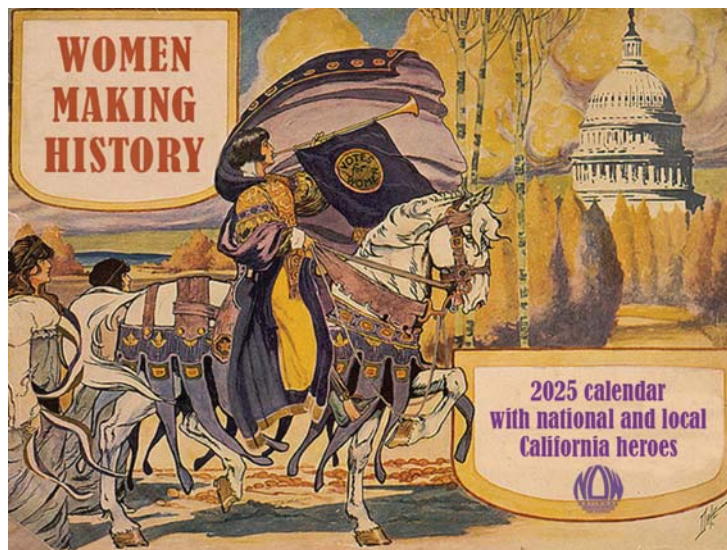
Please join in and lend a hand. Plan for the coming year, and for the Jan. 18 Women's March.

**December 16, 2024 Zoom Details**

7:00-8:30 p.m. PDT

[https://us02web.zoom.us/j/82846374496?  
pwd=WIA0cE5CaFczUUtqa1Nkc2tYQXkydz09](https://us02web.zoom.us/j/82846374496?pwd=WIA0cE5CaFczUUtqa1Nkc2tYQXkydz09)  
Meeting ID: 828 4637 4496 Passcode: 035853

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**One last thing: Do you have ideas for places that can take donations for our 2025 NOW women's history calendars? Time is running out and this is our main fundraiser for our chapter. Can you help? Please let us know if you want some for your family or friends--they do make great gifts! Contact us at [info@nowsonoma.org](mailto:info@nowsonoma.org).**

-- Amy Nykamp, President

\*2017-01-21 This is licensed under the Creative Commons Attribution License. Give attribution to: Fibonacci Blue.





## Women's Spaces Holiday Greetings

Dear Members,

I want to wish you all a joyous holiday season. These are challenging times, and I believe it's important to keep our spirits lifted. Personally, I focus on living in the moment and contributing in any way I can. I believe that each day is a gift to be appreciated, and while maintaining this mindset isn't always easy, it helps me stay centered.

Women's Spaces is excited to announce two upcoming shows, and I'm confident that hearing from these incredible women will provide both valuable insights and humor.

### **December 9, 2024:**

We are thrilled to welcome Merith Weisman, the new Executive Director of Go Local. Merith has an impressive resume, and after speaking with her, I am truly impressed by her vision and approach. I also want to take a moment to thank Janeen Murry, who is stepping down as Executive Director. As one of the founders of Go Local, Janeen has played a pivotal role in bringing it to where it is today. I will miss her and want to publicly thank her for all the support she has provided to NOW, Women's Spaces, and those wonderful local businesses who appear in their Go Local Guide.

### **December 30, 2024:**

I will be joined by actress, author, comedian, and tarot reader Sherry Glaser. It will be the final show of the year, and we'll begin with the Pledge followed by a special tarot reading for 2025. You definitely don't want to miss this one! Sherry is truly amazing. For those who aren't familiar with one of her recent publications, she co-authored *MaMa's*

*First Pocket Chicktionary* with musician, songwriter, and author Kym Trippsmith. It's both funny and thought-provoking—definitely worth checking out.

### **January 6, 2025 – Happy New Year**

I will be joined by Reverend Patricia Keel, a spiritual teacher, mentor, coach, and Unity minister who integrates both Western and Eastern spiritual traditions. Her work encompasses a wide range of transformative practices and concepts, including Mysticism, Metaphysics, Meditation, Consciousness, Awakening, Enlightenment, Chakras, Koshas, Karma, Kundalini, Breath Practices, Deeksha, as well as Story and Myth.

Having made multiple trips to Oneness University in India, now known as EKAM, Reverend Keel has grounded her teachings in the lived experience of awakening.

She believes that life is an inner journey of the soul and is here to share wisdom, healing energy, and soul empowerment in this lifetime. Passionately, she LOVES sharing this journey with spiritually conscious women, guiding them as they embark on their own paths of transformation.

**Women's Spaces** airs live on KBBF 89.1 at 11:00 AM, with replays at 11:00 PM. All shows are archived at [www.womensspaces.com](http://www.womensspaces.com). I co-host the show with Ken Norton, co-producer and engineer.

Happy New Year. Wow, 2025!

In love, peace, and friendship,  
Your ever-trying-to-retire Treasurer and former President,

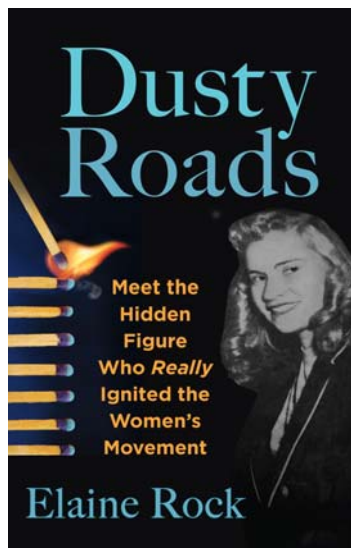
Elaine

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### Special Days in December

- 1 1955: Rosa Parks refuses to give up her bus seat to a white person.
  - 2 Liz Basile (1927–2017), Sonoma Co. Democrats leader
  - 6 Patsy Takemoto Mink (1927–2002), first Japanese-American congressperson;  
rights activist; Title IX author
  - 7 Pearl Harbor Day
  - 10 Emily Dickinson (1830–1886), poet
  - 15 Shirlee Zane (1959– ), part of first Sonoma Co. female supervisorial majority
  - 16 Margaret Mead (1901–1978), anthropologist, author
  - 19 Sally Ann Lilienthal (1919–2006), antinuclear activist, founder of Ploughshares, *shown above*
  - 19 Mary West (1920–2013), Santa Rosa NOW leader and civil rights activist
  - 21 Winter Solstice
  - 25 Christmas Day, Hannukah begins
  - 26 Kwanzaa begins; Boxing Day
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## Elaine Rock Announces the Release of Her Long-Awaited Biography, ***Dusty Roads!***

Elaine Rock is proud to announce that her much-anticipated biography, ***Dusty Roads: Meet the Hidden Figure Who Really Ignited the Women's Movement***, is finally here! Now available in paperback and e-book formats on Amazon: <https://www.amazon.com/dp/B0DL4DDX7B>

An audiobook version is also on the way. Elaine is narrating it herself!

Elaine would love to hear your thoughts—please consider leaving a review on Amazon after you've read it. Your support means the world and helps bring Dusty's story to more readers.

**IMPORTANT:** An unauthorized, older version of her book is listed on Amazon with a light blue cover. This edition, posted by a previous publisher, was hacked and is now a scam—do not purchase that copy! Elaine is actively working to have it removed.

If you have questions about ordering, reach Elaine at 707-292-3663.


Don't miss out on this inspiring journey into the true spark behind the women's movement—get your copy today!





If you are not yet a **NOW** member or need to renew your membership, please join our growing organization! Our chapter's ID is CA0660 and you can select it when you sign up [here](#). If you prefer to write a check, here is a form you can clip and mail. You can also pay for membership or donate to us anytime by using the QR code.





**MEMBERSHIP AND RENEWAL FORM**

**Sonoma County Chapter #CA0660**

Regular membership: \$40/year

3-year membership: \$110

Reduced Dues: \$10-30/year

**Name** \_\_\_\_\_

**Address** \_\_\_\_\_

\_\_\_\_\_

**Phone** \_\_\_\_\_

**Email** \_\_\_\_\_

**Mail with check to:** National Organization for Women  
1100 H Street NW, Suite 300, Washington, DC 20005

2024

[View this email in your browser](#)

Visit our Sonoma County NOW site for news, links, and information:

<http://www.nowsonoma.org/>

**P.O. Box 6223  
Santa Rosa, CA 95406**

**Facebook:** <https://www.facebook.com/groups/sonomacountynow>  
**YouTube:** [https://studio.youtube.com/channel/UCIqTr7\\_29T8COX2MNuI\\_Q8g](https://studio.youtube.com/channel/UCIqTr7_29T8COX2MNuI_Q8g)

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## About NOW

As the grassroots arm of the women's movement, the National Organization for Women is dedicated to its multi-issue and multi-strategy approach to women's rights, and is the largest organization of feminist grassroots activists in the United States. NOW has hundreds of chapters and hundreds of thousands of members and activists in all 50 states and the District of Columbia. Since our founding in 1966, NOW's purpose is to take action through intersectional grassroots activism to promote feminist ideals, lead societal change, eliminate discrimination, and achieve and protect the equal rights of all women and girls in all aspects of social, political, and economic life.

### **Core Issues**

NOW is a multi-issue, multi-strategy organization that takes a holistic approach to women's rights. Our priorities are winning economic equality and securing it with an amendment to the U.S. Constitution that will guarantee equal rights for women; championing abortion rights, reproductive freedom and other women's health issues; opposing racism; fighting bigotry against the LGBTQIA community; and ending violence against women.

### **Reproductive Rights and Justice**

NOW fully supports safe and legal abortion, affordable and effective birth control and other contraception, and reproductive health education for all.



### [Economic Justice](#)

NOW advocates for a wide range of economic justice issues, women's freedom and success and intertwined with racial justice, reproductive freedom, and other systems of oppression.

### [Ending Violence Against Women](#)

NOW recognizes violence against women as the broad and interconnected issue that it is, addressing oppressive structures and attitudes in our nation.

### [Racial Justice](#)

A leader in civil rights since 1966, NOW continues to fight for equal opportunities for women of color in all areas including employment, education, and health care.

### [LGBTQIA+ Rights](#)

NOW is committed to fighting discrimination based on sexual orientation or gender identity in all areas.

### [Constitutional Equality](#)

NOW is a proud supporter of the Equal Rights Amendment and prioritizes giving women explicit protections in the United States Constitution.

For additional information go to: <https://now.org/about/>



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